SUMMA ED PROCESS
PREGNANT PATIENTS THAT PRESENT WITH INFLUENZA LIKE ILLNESS (ILI), COVID 19, PUI
(adopted, in part, from UW Medicine)

Pregnant **without** ILI, Covid 19, or PUI

Follow already established pregnancy evaluation protocol

Pregnant with ILI, Covid 19, or PUI concerns and **without** pregnancy concerns

Assess symptoms, comorbidities, and gestational age

Pregnancy with ILI, Covid 19, or PUI concerns (regardless of severity) AND **with** pregnancy concerns

Assess symptoms, comorbidities, and gestational age

**Mild symptoms**

No maternal co-morbidities:
REGARDLESS OF GESATIONAL AGE
DISHARGE TO HOME
No OB consult, No fetal monitoring
Consider starting empiric Tamiflu
Provide patient education for home isolation guidance

**Mild symptoms** AND maternal co-morbidities: Discharge home
Consider Influenza/Covid 19 testing
Consider starting empiric Tamiflu
Provide patient education for home isolation guidance
Notify OB and arrange follow up

**SEVERE SYMPTOMS:** regardless of co-morbidities: Plan for admission.
Consult ID or Covid team
Consult OB and MFM

>=24 weeks: Consult OB/MFM for admission to PNU, Covid unit, or ICU and fetal monitoring as indicated

<=24 weeks: Consult OB/MFM and admission to Covid unit or ICU. No fetal monitoring required

<12 wks:
Regardless of severity of symptoms.
Consult OB: assessment of pregnancy concerns to be done in the ED

>= 12 weeks:
Mask patient.
Consult OB
Mild symptoms with or without co-morbidities: Assessment of pregnancy concerns to be done in OB triage.

**Severe symptoms:**
Consult OB or MFM to discuss proper management and ideal location for assessment of OB complaints

Maternal Co-morbidities: (consult MFM if in doubt)
- Immuno-compromised or suppressed: Transplant, inflammatory bowel disease, rheumatologic disease, Prednisone or biologics
- Obesity
- IDDM or poorly controlled DM
- Maternal cardiac disease
- Hypertensive disease in pregnancy requiring medical therapy
- Renal insufficiency
- Moderate/Severe Respiratory Disease (Asthma, CF)
- Neurologic disease (Parkinsons, ALS, spinal cord injury, seizure disorder, CVA)
- Active Cancer